

# *Facilitator Training Program (FTP)*

## *Residential Retreat*

*2008 Website Program Description*

**(NOTE: This program is no longer available. Contact the Monroe Institute using the link on the Details section below if you wish to learn how to become an Outreach Trainer.)**

This program is designed to provide a worldwide system of well-prepared TMI trained and certified Outreach facilitators.

Outreach facilitators offer local weekend programs, presentations and activities, making these available to people of all walks of life and locations. The Outreach training is basically for doing weekend programs, not the residential programs, though it is true that residential trainers will be chosen from the pool of Outreach trainers, in the event that they are needed.

The program for training these facilitators is called the Facilitator Training Program or FTP and will include

- online training
- 5-day residential program
- mentoring
- follow-up

## Requisites for participation in FTP:

1. 1. Having attended a minimum of **Gateway Voyage and one other TMI six-day residential program**. This does not include weekend programs.
2. Have **Internet access** and minimum user knowledge to complete the online module of the program.
3. Interest in pursuing the **TMI goals** of service to bring these tools for consciousness expansion to others
4. Agreement with and willingness to **follow the guidelines and policies of TMI** with regard to appropriate trainer behavior, technology, and code of ethics.

## FTP Training Guidelines:

- **Module 1** of the training will be executed online and will include training in basic areas of understanding to knowledgeably represent the Institute.
  - **Home study** will consist of the following:
    - i. The Monroe Institute, purpose, organization, activities and history
    - ii. The life, experience and philosophy of Robert Monroe
    - iii. Hemi-Sync® technology
    - iv. Hemi- Sync® research
    - v. Hemi- Sync® products
    - vi. Basic marketing
  - **Required reading** and materials will be:
    - i. *Journeys Out of the Body* by Robert Monroe

- ii. *Far Journeys* by Robert Monroe
  - iii. *Ultimate Journey* by Robert Monroe
  - iv. *The Journey of Robert Monroe*, by Ronald Russell
  - v. *Focusing the Whole Brain* by Ronald Russell
  - vi. *Mind Trek: Exploring Consciousness, Time, and Space through Remote Viewing* by Joseph McMoneagle
- **Other required information** will be found on the web pages of The Monroe Institute, [www.monroeinstitute.org](http://www.monroeinstitute.org) and other web pages as indicated.
- **Recommended reading** will be:
  - i. *The Conscious Universe* by Dean Radin
  - ii. *Think Logically, Live Intuitively* by J. R. Madaus
  - iii. *The Vast Enquiring Soul* by Ronald Russell
- To continue to Module 2 the trainee must attain a passing grade in online, open-book **examinations**.
- The **price** for Module 1 is \$275.
- **Module 2** will be a 5-day residential program and will include presentations, discussions, and demonstration of competence in the delivery and execution of normal Outreach trainer activities.
  - a. **Training** will include:
    - i. A demo weekend program
    - ii. Simulations of typical trainer skills for different situations
    - iii. Organization skills
    - iv. Trainer policies of The Monroe Institute
    - v. Preparation for the Mentoring stage
  - To continue to Module 3 the trainee must **attain a passing assessment grade** in the different activities and receive **recommendation** by the assessment committee.
  - The **price** for Module 2 is \$1125 to cover food and lodging costs.
- **Module 3** is the mentoring process. The Outreach trainer will be assigned an experienced trainer to mentor him/her in the organization, preparation and execution of one Outreach program. The trainee will:
  - a. Give **two presentations** regarding the Hemi-Sync® process at some time prior to the Excursion program with the advice of the mentor.
  - b. **Organize and give one Outreach program** with a minimum of four participants, with the assistance and feedback of a mentor.
  - c. Pay the **cost** of travel, lodging, and food for the trainer/mentor.

- d. The Monroe Institute will reimburse the trainer/mentor.
- o Once the process is completed to the satisfaction of the assessment committee with input from the mentor, the trainee will be **certified as a Monroe Institute Outreach Trainer**.
  - a. The Monroe Institute will sign a **contract** with the Outreach trainer, enabling him/her to organize and offer the Excursion Workshop as an official TMI program.
  - b. The Outreach Trainer will be required to sign an agreement to abide by the TMI **policies and code of ethics** for Outreach Trainers.
  - c. The Outreach Trainer can announce his/her programs on the TMI website, and will be given access to his/her **own basic web page** to include details about his/her activities.
  - d. The Outreach **contract will be renewable every three years**, depending on the completion of the requisites for maintaining Outreach Trainer status as determined by TMI.
  - e. The Outreach Trainer will have **access to continued online and/or residential trainings** to facilitate other Outreach programs designed by TMI.